



MAY 2010
MOUNT SINAI CHRISTIAN ACADEMY
MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
B: Cream-of-Wheat/Toast/Apple Juice L: Steakfingers/Mashed Potatoes/ Mixed Vegetables/Fruit Cocktail S: Cheez-Its/Milk	B: Pancakes/Sausage/Grape Juice L: Spaghetti/Broccoli/Peaches S: Cookies/Milk	B: Frosted Flakes/Bananas L: Chicken Fajitas/Lettuce & Tomatoes/Apple Wedges S: Chocolate Pudding/Vanilla Wafers	B: Scrambled Eggs w/Sausage/Toast/ Grape Juice L: Turkey & Cheese Sandwiches/Tator Tots/Tropical Fruit S: Granola Bars/Milk	B: Muffins/Orange Juice/ Fresh Fruit L: Chicken Nuggets/Corn/Green Beans/ Pineapple Tidbits S: Fruit Bars/Milk
Teacher Appreciation Week				
10	11	12	13	14
B: Oatmeal/Toast/Grape Juice L: Beef-a-Roni/Tossed Salad/ Peaches S: Applesauce/Animal Crackers/ Water	B: Pancakes/Apple Juice L: Sloppy Joes/Tator Tots/ Pineapple Tidbits S: Cheez-Its/Milk	B: Frosted Flakes/Orange Juice L: Baked Chicken/Rice/Gravy/Green Beans/Fruit Cocktail S: Animal Crackers/Chocolate Pudding	B: Biscuits/Sausage/Grape Juice L: Hamburger Pizza/Mixed Vegetables/ Apple Wedges S: Jello w/Mixed Fruit	B: Cinnamon Toast/Bacon/ Apple Juice L: Grilled Cheese Sandwiches/Baked Beans/Carrots/Pickles/Orange Slices S: Cookies/Milk
17	18	19	20	21
B: Malt-O-Meal/Toast/Grape Juice L: Beef-a-Roni//Spinach/Bread/ Fruit Cocktail S: Yogurt/Ritz Crackers/Water	B: Pancakes/Bacon/Grape Juice L: Sausage/Mashed Potatoes/ Green Beans/Bread/Peaches S: Pop Tarts/Milk	B: Raisin Bran/Bananas L: Baked Chicken/Mashed Potatoes/ Carrot Coins/Bread/Pears S: PB&J Sandwiches/Milk 	B: Egg & Cheese Breakfast Tacos/ Grape Juice L: Mexican Burritos/Corn/ Fruit Cocktail S: Tortilla Chips/Apple Juice	B: Cinnamon Toast/Bacon/ Strawberries L: Fish/Mac & Cheese/Mixed Vegetables/Fruit Cocktail S: Ritz Crackers/Celery w/Cream Cheese & Raisins/Apple Juice
24	25	26	27	28
B: Oatmeal/Toast/Grape Juice L: Steak Fingers/Mac-N-Cheese/ Broccoli/Pineapple Tidbits S: Graham Crackers/Milk	B: Pancakes/Bacon/Orange Juice L: American Corndogs/French Fries/ Pineapple Chunks S: Jello w/Mixed Fruit	B: Cheerios/Bananas L: Chicken Spaghetti/Green Beans/ Tropical Fruit S: Goldfish/Grape Juice	B: Biscuits/Gravy w/Sausage/ Orange Juice L: Meatballs/Buttered Noodles/ Steamed Carrots/Pineapple Tidbits S: Pot Tarts/Milk	B: Cinnamon Toast/Bacon/ Grape Juice L: Chicken Nuggets/Mashed Potatoes/ Mixed Vegetables/Pineapple Tidbits S: Oreos/Milk
31	<p><i>"...Encourage One Another and Build Each Other Up..."</i> <i>1 Thessalonians 5:11:</i></p>			
MEMORIAL DAY OBSERVED *** SCHOOL CLOSED *** 				

WHOLE MILK IS SERVED DAILY TO CHILDREN AGES 12-36 MONTHS
2 PERCENT MILK IS SERVED DAILY TO CHILDREN AGES 36 MONTHS AND OLDER