













**MT. SINAI CHRISTIAN ACADEMY  
JUNE 2019  
MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
<b>B:</b> Oatmeal/Toast/Grape Juice  <b>L:</b> Sausage/Mashed Potatoes/ Mixed Vegetables/Fruit Cocktail <b>S:</b> Animal Crackers/Milk	<b>B:</b> Pancakes/Orange Juice <b>L:</b> Ground Beef/Spaghetti Noodles/ Green Beans/Peaches <b>S:</b> Ritz Crackers/Cheese	<b>B:</b> Malt-O-Meal/Toast/Watermelon <b>L:</b> Baked Chicken/Broccoli/ Mac-N-Cheese/Mixed Fruit  <b>S:</b> Apple Jacks/Milk	<b>B:</b> Cheerios/Toast/Orange Juice <b>L:</b> Turkey Slices/Cheese/Bread/ Pinto Beans/Lettuce & Tomatoes <b>S:</b> Graham Crackers/Milk	<b>B:</b> Potato/Cheese/Tortillas/Oranges <b>L:</b> Wieners/Hot Dog Buns/Baked Beans/ Pineapple Tidbits  <b>S:</b> Gold Fish Crackers/Bananas
10	11	12	13	14
<b>B:</b> Oatmeal/Toast/Bananas <b>L:</b> Baked Chicken/Mashed Potatoes/ Carrots/Bread <b>S:</b> Cheez-Its Crackers/Apple Slices	<b>B:</b> Pancakes/Orange Juice <b>L:</b> Ground Beef/Spaghetti Noodles/ Spinach/Fruit Cocktail  <b>S:</b> Ritz Crackers/Apple Wedges	<b>B:</b> Cream of Wheat/Toast/Apple Juice <b>L:</b> Wieners/Baked Beans/Mixed Vegetables/Tortillas/Pineapple Tidbits <b>S:</b> Graham Crackers/Milk	<b>B:</b> Corn Flakes/Toast/Orange Juice <b>L:</b> Chicken/Spaghetti Noodles/ Broccoli/Applesauce  <b>S:</b> Bread/Jelly/Milk	<b>B:</b> Cinnamon Toast/Bacon/Grape Juice <b>L:</b> Wieners/Hot Dog Buns/Corn/ Tossed Salad  <b>S:</b> Animal Crackers/Milk
17	18	19	20	21
<b>B:</b> Oatmeal/Toast/Apple Juice  <b>L:</b> Baked Chicken/Rice/Gravy/Peas/ Bread/Fruit Cocktail <b>S:</b> Ritz Crackers/Cheese Squares	<b>B:</b> Pancakes/Bananas <b>L:</b> Ground Beef/Spaghetti Noodles/ Green Beans/Apple Slices <b>S:</b> Graham Crackers/Grape Juice	 <b>STUDENT HOLIDAY-- MSCA CLOSED</b>	<b>B:</b> Potatoes/Cheese/Tortillas/Orange Juice <b>L:</b> Chicken/Spaghetti Noodles/ Spinach/Carrots <b>S:</b> Saltine Crackers/Orange Slices	<b>B:</b> Cinnamon Toast/Bacon/Apple Juice <b>L:</b> Wieners/Hot Dog Buns/Tater Tots/ Mixed Fruit  <b>S:</b> Animal Crackers/Milk
24	25	26	27	28
<b>B:</b> Oatmeal/Toast/Orange Juice <b>L:</b> Sausage/Mashed Potatoes/Mixed Vegetables/Bread  <b>S:</b> Graham Crackers/Milk	<b>B:</b> Pancakes/Bananas <b>L:</b> Ground Beef/Spaghetti Noodles/ Spinach/Fruit Cocktail <b>S:</b> Cheez-Its Crackers/Apple Juice	<b>B:</b> Cream of Wheat/Toast/Orange Juice <b>L:</b> Wieners/Baked Beans/Green Beans/ Cornbread/Pineapple Tidbits  <b>S:</b> Pretzels/Apple Slices	<b>B:</b> Corn Flakes/Toast/Orange Slices <b>L:</b> Chicken/Spaghetti Noodles/ Broccoli/Peaches <b>S:</b> Ritz Crackers/Cheese	<b>B:</b> Cinnamon Toast/Bacon/Apple Juice <b>L:</b> Ham Slices/Cheese/Bread/Tater Tots/ Bananas  <b>S:</b> Watermelon/Ritz Crackers



1 PERCENT MILK IS SERVED DAILY FOR BREAKFAST AND LUNCH TO CHILDREN AGES 2 YEARS AND OLDER  
 WHOLE MILK IS SERVED DAILY FOR BREAKFAST AND LUNCH TO CHILDREN AGES 12-24 MONTHS  
 (ALL JUICES SERVED ARE 100% JUICE)