







**MT. SINAI CHRISTIAN ACADEMY
JANUARY 2019
MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 HAPPY HOLIDAYS	 HAPPY NEW YEAR! MSCA CLOSED	 STAFF DEVELOPMENT DAY MSCA CLOSED		
7	8	9	10	11
B: Oatmeal/Toast/Orange Juice L: Sausage/Mashed Potatoes/Mixed Vegetables/Bread S: Graham Crackers/Milk	B: Pancakes/Bananas L: Ground Beef/Spaghetti Noodles/Mixed Vegetables/Orange Wedges S: Cheez-Its Crackers/Grape Juice	B: Cream of Wheat/Toast/Orange Juice L: Sliced Ham/Mac-N-Cheese/Green Beans/Fruit Cocktail/Bread S: Saltine Crackers/Apple Slices	B: Corn Flakes/Toast/Bananas L: Chicken/Spaghetti Noodles/Broccoli/Peaches S: Ritz Crackers/Cheese Squares	B: Cinnamon Toast/Bacon/Apple Juice L: Wieners/Hot Dog Buns/Tater Tots/Mixed Fruit S: Animal Crackers/Milk
14	15	16	17	18
B: Oatmeal/Toast/Grape Juice L: Baked Chicken/Rice/Gravy/Green Beans/Fruit Cocktail S: Animal Crackers/Milk	B: Pancakes/Bananas L: Ground Beef/Spaghetti Noodles/Spinach/Peaches S: Ritz Crackers/Apple Juice	B: Malt-O-Meal/Toast/Apple Wedges L: Turkey Slices/Cheese/Bread/French Fries/Mixed Fruit S: Cheerios/Milk	B: Cheerios/Toast/Orange Juice L: Grilled Chicken/Flour Tortillas/Pinto Beans/Lettuce & Tomatoes S: Graham Crackers/Apple Slices	B: Biscuits/Sausage/Bananas L: Sloppy Joes/Hamburger Buns/Baked Beans/Pineapple Tidbits S: Gold Fish Crackers/Orange Juice
21	22	23	24	25
 MSCA CLOSED	B: Pancakes/Orange Juice L: Ground Beef/Spaghetti Noodles/Green Beans/Fruit Cocktail S: Ritz Crackers/Apple Wedges	B: Cream of Wheat/Toast/Apple Juice L: Beanie Weenies/Mixed Vegetables/Cornbread/Pineapple Tidbits S: Graham Crackers/Milk	B: Corn Flakes/Toast/Orange Juice L: Chicken/Spaghetti Noodles/Broccoli/Applesauce S: Bread/Jelly/Milk	B: Cinnamon Toast/Bacon/Bananas L: Wieners/Hot Dog Buns/Corn/Tossed Salad S: Animal Crackers/Milk
28	29	30	31	
B: Oatmeal/Toast/Apple Juice L: Chicken Nuggets/Mashed Potatoes/Bread/Fruit Cocktail S: Cheez-Its Crackers/Apple Slices	B: Pancakes/Bananas L: Ground Beef/Spaghetti Noodles/Green Beans/Apple Slices S: Graham Crackers/Grape Juice	B: Malt-O-Meal/Toast/Apple Wedges L: Ham/Cheese/Bread/Tater Tots/Peaches S: Pretzels/Cheese Squares	B: Cheerios/Toast/Orange Juice L: Chicken/Spaghetti Noodles/Spinach/Carrots S: Saltine Crackers/Orange Slices	“Blessed are the pure in heart; for they shall see God.” <i>Matthew 5:8 (KJV)</i>

1 PERCENT MILK IS SERVED DAILY FOR BREAKFAST AND LUNCH TO CHILDREN AGES 2 YEARS AND OLDER
 WHOLE MILK IS SERVED DAILY FOR BREAKFAST AND LUNCH TO CHILDREN AGES 12-24 MONTHS
 (ALL JUICES SERVED ARE 100% JUICE)

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