

**MT. SINAI CHRISTIAN ACADEMY
DECEMBER 2018
MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
B: Oatmeal/Toast/Apple Juice L: Chicken Nuggets/Mashed Potatoes/Bread/Fruit Cocktail  S: Cheez-Its Crackers/Apple Slices	B: Pancakes/Bananas L: Ground Beef/Spaghetti Noodles/Green Beans/Apple Slices  S: Graham Crackers/Grape Juice	B: Malt-O-Meal/Toast/Apple Wedges L: Ham/Cheese/Bread/Sweet Potato Fries/Peaches S: Pretzels/Cheese Squares	B: Cheerios/Toast/Orange Juice L: Chicken/Spaghetti Noodles/Spinach/Carrots  S: Saltine Crackers/Orange Slices	B: Biscuits/Sausage/Peaches L: Hamburger Patty/Hamburger Bun/Lettuce/Tomatoes/Tater Tots/Orange Wedges S: Gold Fish Crackers/Apple Juice
10	11	12	13	14
B: Oatmeal/Toast/Orange Juice L: Sausage/Mashed Potatoes/Mixed Vegetables/Bread  S: Graham Crackers/Milk	B: Pancakes/Apple Juice L: Ground Beef/Spaghetti Noodles/Mixed Vegetables/Orange Wedges S: Cheez-Its Crackers/Bananas	B: Cream of Wheat/Toast/Orange Juice L: Sliced Ham/Mac-N-Cheese/Green Beans/Fruit Cocktail/Bread S: Saltine Crackers/Apple Slices	B: Corn Flakes/Toast/Bananas L: Chicken/Spaghetti Noodles/Broccoli/Peaches S: Ritz Crackers/Cheese Squares	B: Cinnamon Toast/Bacon/Apple Juice L: Wieners/Hot Dog Buns/Sweet Potato Fries/Mixed Fruit  S: Animal Crackers/Milk
17	18	19	20	21
B: Oatmeal/Toast/Grape Juice L: Baked Chicken/Rice/Gravy/Green Beans/Fruit Cocktail S: Animal Crackers/Milk	 B: Pancakes/Bananas L: Ground Beef/Spaghetti Noodles/Spinach/Peaches S: Ritz Crackers/Apple Juice	B: Malt-O-Meal/Toast/Apple Wedges L: Turkey Slices/Cheese/Bread/French Fries/Mixed Fruit S: Cheerios/Milk	B: Cheerios/Toast/Orange Juice L: Grilled Chicken/Flour Tortillas/Pinto Beans/Lettuce & Tomatoes S: Graham Crackers/Apple Slices	B: Biscuits/Sausage/Bananas L: Sloppy Joes/Hamburger Buns/Baked Beans/Pineapple Tidbits S: Gold Fish Crackers/Orange Juice
24	25	26	27	28
B: Oatmeal/Toast/Grape Juice L: Fishsticks/Mashed Potatoes/Mixed Vegetables/Bread EARLY RELEASE – 1 pm	 School Closed 		B: Corn Flakes/Toast/Orange Juice L: Chicken/Spaghetti Noodles/Broccoli/Applesauce S: Bread/Jelly/Milk 	B: Cinnamon Toast/Bacon/Bananas L: Wieners/Hot Dog Buns/Sweet Potato Fries/Carrot Slices S: Graham Crackers/Milk 
31	 <p align="center"><i>"And she brought forth her firstborn son, and wrapped him in swaddling clothes, and laid him in a manger; because there was no room for them in the inn." Luke 2:7 (KJV)</i></p>			 

2 PERCENT MILK IS SERVED DAILY TO CHILDREN AGES 12-23 MONTHS
1 PERCENT MILK IS SERVED DAILY TO CHILDREN AGES 24 MONTHS AND OLDER